

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 2	Week Beginning: Week 8 – 12/4-12/8
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 1	
M o n d a y	Notes:	<p>Objective: Differentiate between common injuries and their mechanisms, signs, symptoms and treatments.</p> <p>Lesson Overview: L 10 Wrist & Hand Fx & Dislocations L 11 Hand & Wrist Chronic Injuries.ppt</p>	<p>Academic Sports Med CTE Standards:</p> <p>2.2 2.3 6.4</p>
T u e s d a y	Notes:	<p>Objective:</p> <p>Lesson Overview: L 12 Hand & Wrist Rehab Elbow test review</p>	<p>Academic Sports Med CTE Standards:</p> <p>2.2 2.3 6.4</p>
W e d n e s d a y	Notes:	<p>Objective:</p> <p>Lesson Overview: Elbow Wrist and Hand Test</p>	<p>Academic Sports Med CTE Standards:</p> <p>2.2 2.3 6.4</p>
T h u r s d a y	Notes:	<p>Objective: Recognize relevant anatomy of the abdominal cavity.</p> <p>Lesson Overview: L 1 Abdominal Anatomy</p>	<p>Academic Sports Med CTE Standards:</p> <p>1.2 2.2</p>

F r i d a y	Notes:	<p>Objective: Differentiate between common abdominal injuries and their mechanisms, signs & symptoms, and treatments.</p> <p>Lesson Overview: L 2 Abdominal Injuries</p>	<p>Academic Sports Med CTE Standards:</p> <p>1.2 2.2</p>
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